

Dancer #: _____
Judges Initials: _____

**Tanya's Dance Co. Skills Sheet**

**Jazz/Lyrical Skills:**

**YES (10)**

**ALMOST (5)**

**NO (0)**

- |                               |       |       |       |
|-------------------------------|-------|-------|-------|
| 1. Right Splits               | _____ | _____ | _____ |
| 2. Middle Splits              | _____ | _____ | _____ |
| 3. Left Splits                | _____ | _____ | _____ |
| 4. Single Pirouette           | _____ | _____ | _____ |
| 5. Double Pirouette           | _____ | _____ | _____ |
| 6. Triple Pirouette           | _____ | _____ | _____ |
| 7. à la secondé (4 rotations) | _____ | _____ | _____ |
| 8. Axel                       | _____ | _____ | _____ |
| 9. Split Leap                 | _____ | _____ | _____ |
| 10. Side Leap                 | _____ | _____ | _____ |
| 11. Switch Leap               | _____ | _____ | _____ |
| 12. Back Attitude             | _____ | _____ | _____ |
| 13. Rhonversé                 | _____ | _____ | _____ |

<b>TOTAL:</b> _____
------------------------

**Hip Hop Skills:**

- |                          |       |       |       |
|--------------------------|-------|-------|-------|
| 1. Donkey Kick           | _____ | _____ | _____ |
| 2. Handstand             | _____ | _____ | _____ |
| 3. Baby Freeze (head up) | _____ | _____ | _____ |
| 4. K-Kick                | _____ | _____ | _____ |
| 5. 6-Step (3 rotations)  | _____ | _____ | _____ |
| 6. Tri-Pod to Headstand  | _____ | _____ | _____ |

<b>TOTAL:</b> _____
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**Tap Skills:**

- |                        |       |       |       |
|------------------------|-------|-------|-------|
| 1. Pullback            |       |       |       |
| Switch                 | _____ | _____ | _____ |
| Pony                   | _____ | _____ | _____ |
| 2. Toe Stand Turn      | _____ | _____ | _____ |
| 3. Wings               |       |       |       |
| Double                 | _____ | _____ | _____ |
| Wing & a Toe           | _____ | _____ | _____ |
| 4. Cincinnati (triple) | _____ | _____ | _____ |
| 5. Time Step           |       |       |       |
| Single                 | _____ | _____ | _____ |
| Double                 | _____ | _____ | _____ |
| 6. Riff                |       |       |       |
| 4-Count                | _____ | _____ | _____ |
| 5-Count                | _____ | _____ | _____ |
| 7. Cramp Roll          | _____ | _____ | _____ |

<b>TOTAL:</b> _____
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