

# COVID-19 Parent/Dancer Guidelines for 2020-21 Dance Season

## Parent Cooperation

- DO NOT send dancer(s) to class if you, your dancer, or anyone in your household has a low fever, cough, or does not feel 100%. Dancers must be in good health and showing zero signs of sickness. We will send dancers home if they appear to be unwell.
- Promote hand washing and hand sanitizing outside of the studio
- Send students to dance with an appropriate mask to wear in the lobby.
  - Launder masks regularly according to sanitation guidelines.
- Studio lobby and waiting/observation areas are closed due to capacity guidelines.
- If a dancer is there for only one class, do not send them with any bags. Dancers should have everything they need in hand.
  - If a dancer has multiple classes in one night, they may carry their additional items in a cinch sack sized bag. Bags will be left in the lobby area as lockers are closed. Cell phones need to be silenced when they are left in their bags at the studio.
  - Changing rooms are closed. Dancers should arrive in their dance attire. If they are in multiple classes, please have them “layer” up on their attire.
- Wash your dancer’s dancewear each day.
- Please be sure your dancer has a **water bottle with a lid** as the drinking fountain is closed.

## Arrival/Departure from Studio

### **Belgrade Studio Location:**

- Dancers may **ONLY** enter 5 minutes prior to class starting. We are using the two main entrances (the front lobby door and the back lobby doors).
- Hand sanitizer is available at entrances. Dancers must sanitize their hands upon entering.
- Face masks are required upon entering, and in any public areas, for everyone aged 5 and above when social distancing cannot happen. Dancers have the option to remove their facemasks once dancing in the studio.
- Immediately upon entering the building, dancers will take their shoes off at the door. All dancers **MUST** have clean socks to wear in the lobby area.
  - Parents/Guardians of dancers 8yrs+ must drop/pick up without entering the building. If a dancer is 7 and under, a parent/guardian can enter the building for drop off/pick up but is not allowed to remain in the building during class.
    - Dancers will be asked to remain inside the studio at the completion of class. A parent/guardian may come to the door to pick them up or the dancer may exit on their own upon seeing their ride. We ask that dancers exit using the same door they entered.
    - Dancers will be asked to use hand sanitizer again upon exiting.
    - All Parents/Guardians entering the studio are asked to follow the same mask and shoe removal guidelines as our dancers.
- Dancers need to arrive in their dance clothes, ready to go. Changing rooms are closed and bathrooms are not to be used to change in.
  - **For Competition Dancers:**
    - Tights will not be required for Ballet but proper hair and leotards are still expected to be worn. Your dancer may wear dance shorts as a substitution for their tights if she wishes.
    - If your dancer is renting a locker, they are allowed to use the locker they rent. All other lockers are not available for use. No sharing of lockers will be permitted.
- Lessons will end promptly in order to give the instructor enough time to sanitize between classes. Students will wait in the lobby area between classes.

### **Bozeman Studio Location:**

- Dancers may **ONLY** enter 5 minutes prior to class starting.
- Hand sanitizer is available at the front desk. Dancers must sanitize their hands upon entering.
- Face masks are required upon entering, and in any public areas, for everyone aged 5 and above when social distancing cannot happen. Dancers have the option to remove their face masks once dancing in the studio.
- Immediately upon entering the building, dancers will take their shoes off at the door. All dancers **MUST** have clean socks to wear in the lobby area.
  - Parents/Guardians of dancers 8yrs+ must drop/pick up without entering the building. If a dancer is 7 and under, a parent/guardian can enter the building for drop off/pick up but is not allowed to remain in the building during class.
    - Dancers will be asked to remain inside the studio at the completion of class. A parent/guardian may come to the door to pick them up or the dancer may exit on their own upon seeing their ride.
    - All Parents/Guardians entering the studio are asked to follow the same mask and shoe removal guidelines as our dancers.
- Dancers need to arrive in their dance clothes, ready to go. The changing area is closed and bathrooms are not to be used to change in.
  - **For Competition Dancers:**
    - Tights will not be required for Ballet but proper hair and leotards are still expected to be worn. Your dancer may wear dance shorts as a substitution for their tights if she wishes.
- Lockers are not allowed to be used.
- Lessons will end 5 min early in order to give the instructor enough time to sanitize between classes. Students will wait in the lobby area between classes.
- Dancers will be asked to use hand sanitizer again upon exiting.

### **Additional Information**

- Dancers that are at the studio for multiple classes are allowed to have a snack and/or dinner. All food must be eaten in the lobby area between classes.
  - **ONLY** clean food is allowed.
  - Parents, please stress to your dancer that they **MUST** put food away and pick up their area before going to their next class.